

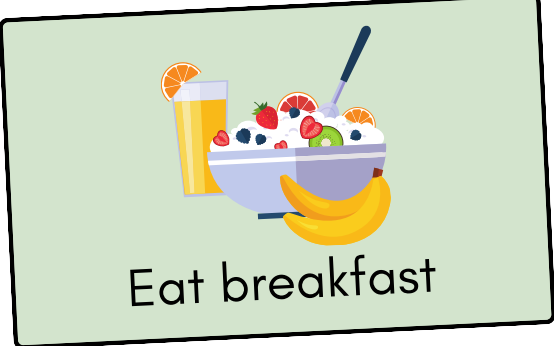
VISUAL SCHEDULING


Template- Free PDF

Editable template to help children understand their daily routine, to increase predictability, reduce anxiety, and promote independence


MY SCHEDULE


MORNING

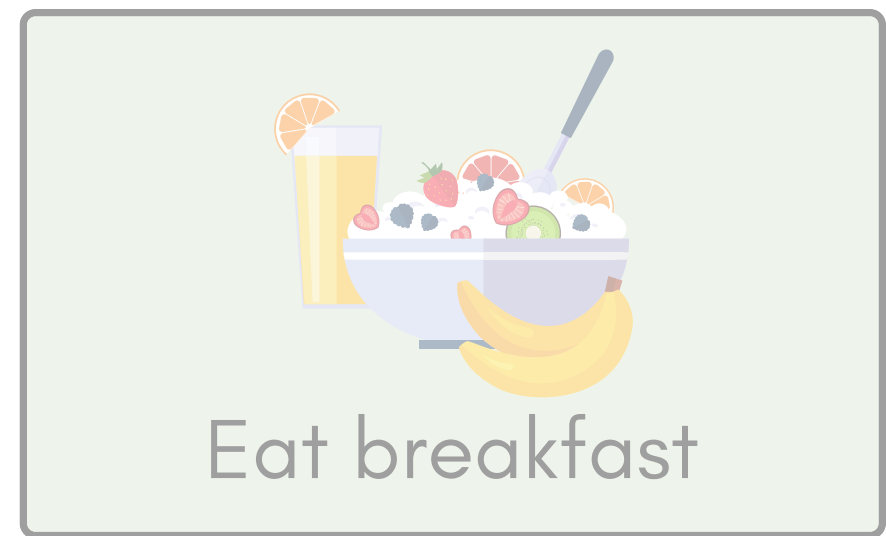
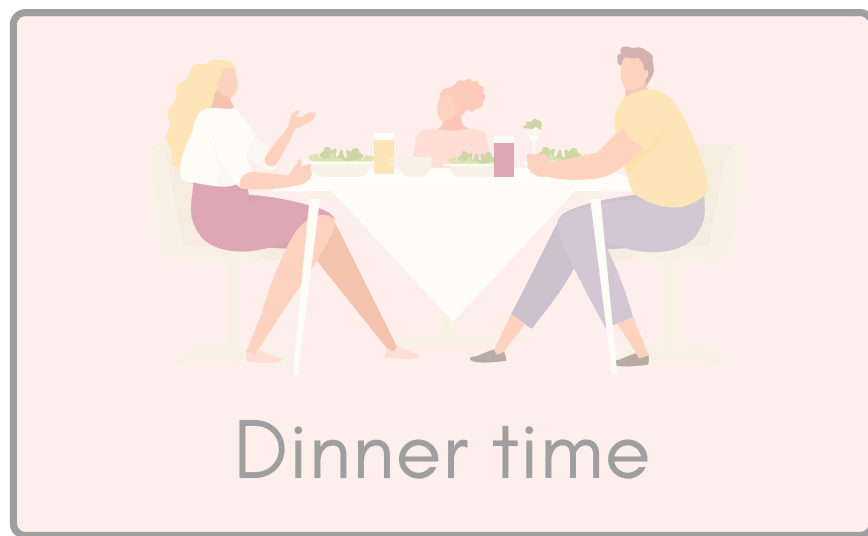
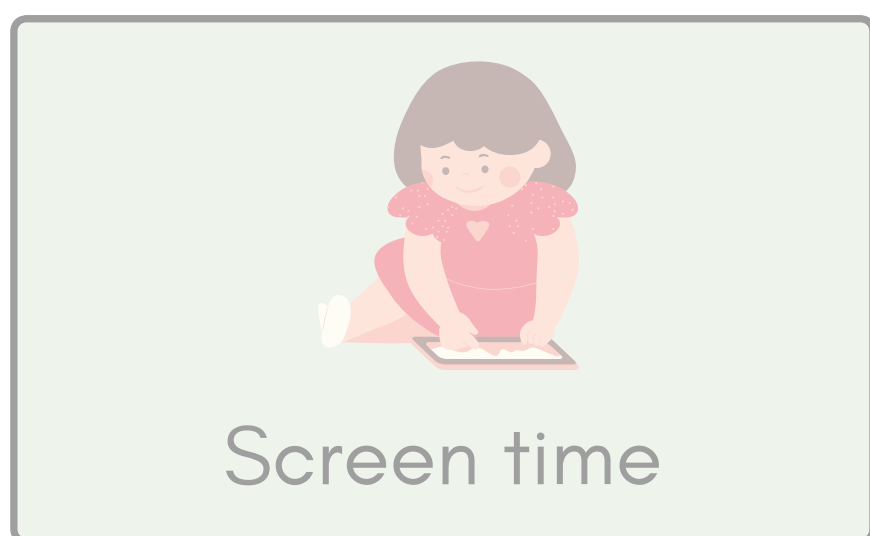
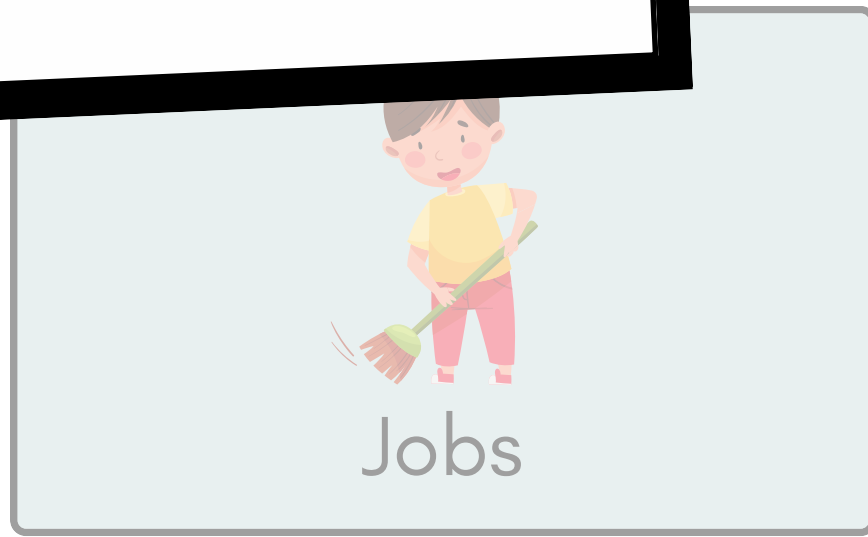
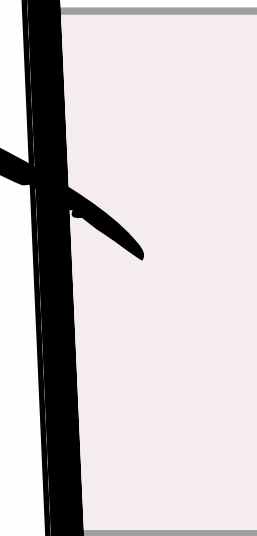
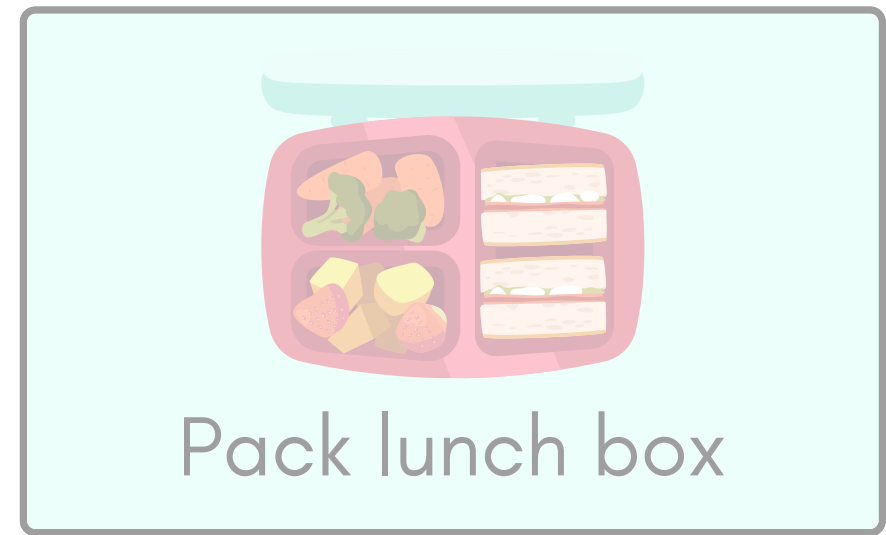
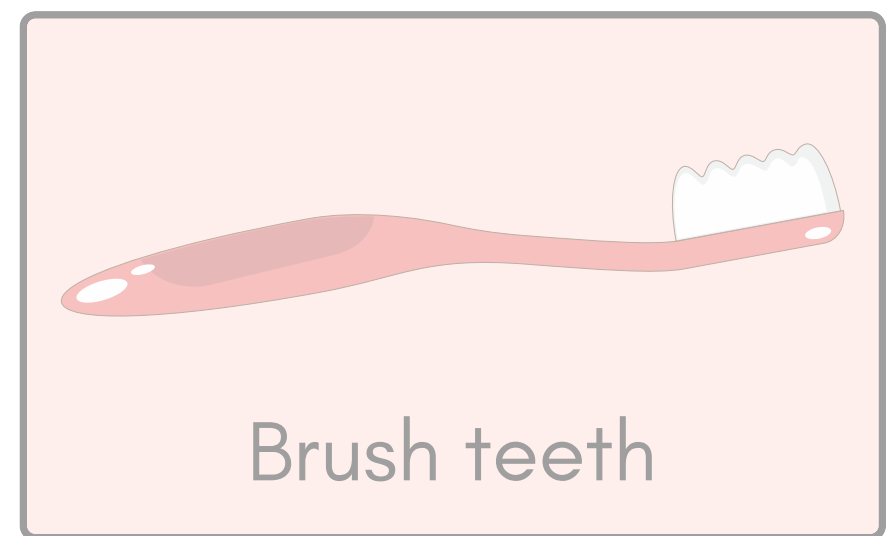

Eat breakfast


Get dressed

AFTERNOON


Unpack school bag

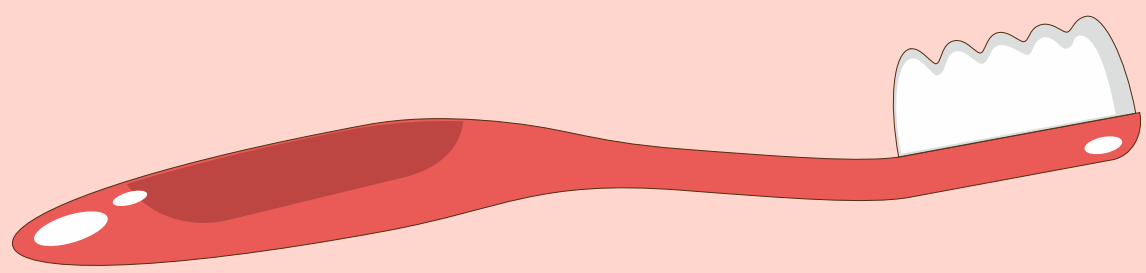




MY SCHEDULE

MORNING

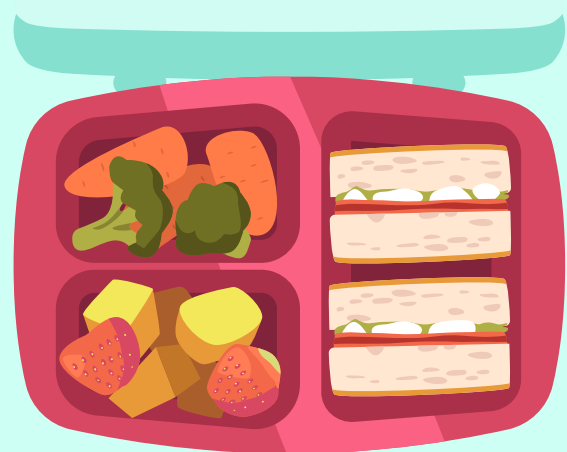
AFTERNOON



Brush teeth



School time



Pack lunch box



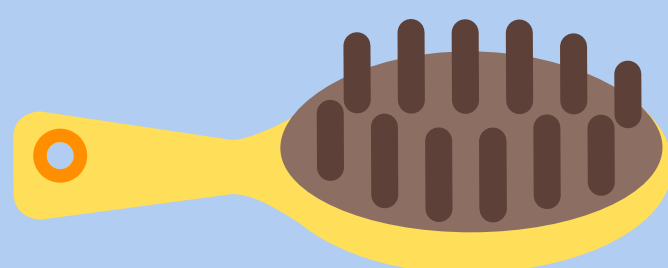
Unpack school bag



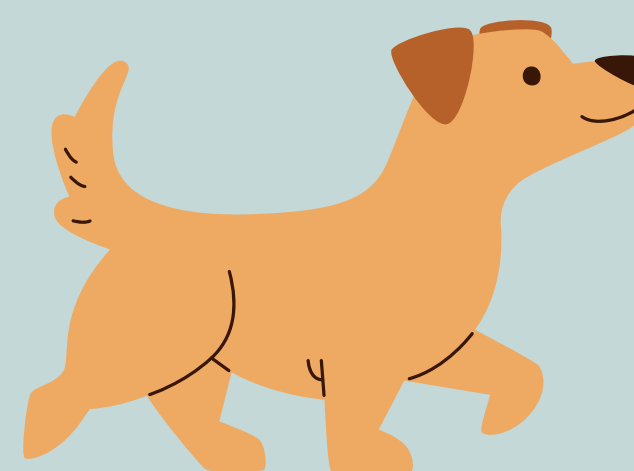
Get dressed



Homework



Brush hair



Walk dog



Eat breakfast



Play



Goodbye



Read



Hello



Unpack school bag



Wake up



Medicine



Make bed



Jobs



Screen time



Dinner time